



## Weight Loss Surgery

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_

**HEALTH CARE PROVIDERS:** Please list any providers you have seen in the past or currently

1. Primary PHYSICIAN: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
2. CARDIOLOGIST: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
3. PULMONOLOGIST: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
4. ENDOCRINOLOGIST: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
5. GASTROENTEROLOGIST : \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
6. PSYCHIATRIST: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
7. SLEEP MEDICINE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_
  
8. OTHER PHYSICIAN: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Prior Weight Loss Attempts**

Lowest Adult Weight: \_\_\_\_\_ Age: \_\_\_\_\_

<b>Program</b>	<b>Date Month/Year</b>	<b># of Pounds</b>	<b># of Pounds Regained</b>	<b>How Long to Regain? Weeks/Months</b>	<b>Physician Supervised Y/N</b>	<b>Dietitian Supervised Y/N</b>
Weight Watchers						
Jenny Craig						
Diet Center						
Atkins						
South Beach						
Nutri-System						
Over-the-counter diet pills						
Prescription diet pills (name)						
Slimfast or similar						
Hypnosis, jaw wiring, acupuncture						
Conventional low calorie						
Other						

Do you currently engage in physical activity? Yes No If yes, describe: \_\_\_\_\_

What types of exercise programs have you tried in the past? \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## **HEALTH HISTORY**

Have you had any of the following? (Circle those that apply)

### **CARDIOPULMONARY**

Heart attack  
Heart catheterization  
Heart valve prolapse  
High blood pressure  
High cholesterol  
Chest pain/Angina  
Pain in arm  
Abnormal heart beat  
Atrial Fibrillation  
Swelling hands/feet  
Asthma  
Emphysema/COPD  
Tuberculosis  
Frequent cough  
Cough up blood  
Collapsed lung  
Night sweats  
Wake up with shortness of breath  
Sleep Apnea (CPAP/BiPAP)  
Shortness of breath when:  
    Walking several blocks  
    One flight of stairs  
    On laying down

### **GASTROINTESTINAL**

Acid Reflux  
Stomach ulcers  
Gallbladder disease  
Hepatitis  
Jaundice  
Crohn's Disease  
Ulcerative Colitis  
Diverticulitis  
Fatty Liver Disease  
Other: \_\_\_\_\_

### **HEMATOLOGY**

Blood clots  
Pulmonary embolism  
HIV positive  
Anemia

### **NEUROLOGICAL**

Frequent headaches  
Fainting spells  
Dizziness  
Blurred vision  
Pseudotumor Cerebri

### **MUSCULO-SKELETAL**

Recurrent back pain  
Neuritis/neuralgia  
Joint pain  
Fibromyalgia  
Redness or heat of joints  
Tingling in hands or feet  
Muscle spasms  
Broken bones  
Ruptured disc  
Neck injury  
Arthritis/rheumatism  
Paralysis  
Bipolar  
Depression  
Anxiety  
Under care of psychiatrist now or past?  
Outpatient/Inpatient counseling or treatment for "mental disorder?"  
Treatment for substance abuse,

### **ENDOCRINE**

Diabetes (insulin dependent)  
Diabetes (non-insulin dependent)  
Thyroid disease  
Adrenal disease  
Polycystic Ovarian Syndrome  
Growth in neck/throat  
Slow wound healing  
Skin rash

### **GENITOURINARY**

Blood in urine  
Lose urine with cough?  
Kidney stones  
Prostate problems

### **VASCULAR**

Lymphedema  
    Leg: Right or Left  
    Arm: Right or Left

### **NUTRITIONAL**

Depigmentation of skin  
Easily bruise  
Poor wound healing  
Dental caries  
Red swollen gums  
Dry cracked lips  
Dry scaly skin  
Dry brittle hair  
Thin sparse hair  
White spots on nail

Cancer History: Type \_\_\_\_\_; Location \_\_\_\_\_; Date \_\_\_\_\_

Treatment: \_\_\_\_\_

Current form of birth control/contraception in use:

Barrier/Condom method

IUD Name: \_\_\_\_\_

Implant Name: \_\_\_\_\_

Oral Contraception Pill:

    Medication Name: \_\_\_\_\_

Nuva Ring

Depo Provera Injections:

    Last injection date: \_\_\_\_\_

Tubal Ligation

Hysterectomy

Other form: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Anesthesia reaction Y N  
Blood transfusion reaction Y N

**Drug/Medication Allergies (List)**

\_\_\_\_\_  
\_\_\_\_\_

Do you smoke cigarettes? Y N  
Packs per day? \_\_\_\_\_  
# of years? \_\_\_\_\_  
Quit date? \_\_\_\_\_

**Food Allergies (List)**

\_\_\_\_\_  
\_\_\_\_\_

Do you Vape? Y N  
Nicotine Vape? Y N  
Use alcoholic beverages? Y N

**Current Medications**

Type \_\_\_\_\_  
Frequency \_\_\_\_\_  
Use "recreational" or "street drugs?" Y N  
Type \_\_\_\_\_  
Frequency \_\_\_\_\_  
Medical Marijuana Card? Y N

Name Dose Frequency

\_\_\_\_\_  
\_\_\_\_\_

Chew tobacco? Y N  
# of years? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Gynecological History:**

#of children: \_\_\_\_\_  
# of pregnancies: \_\_\_\_\_  
Vaginal deliveries: \_\_\_\_\_  
C-Sections: \_\_\_\_\_

**Recent Hospitalizations (non-surgical)**

Diagnosis When

\_\_\_\_\_  
\_\_\_\_\_

**Breast Medical History:**

Breast surgery of any type: Y N  
Breast lump not operated: Y N  
Breast cancer: Y N  
Last mammogram: \_\_\_\_\_  
Do you have any tattoos? Y N

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

If yes: Was your tattoo performed in a formal/commercial setting? Y N

**Surgical History (Circle and list date of surgery if known)**

\_\_\_\_\_ Appendectomy  
\_\_\_\_\_ Back  
\_\_\_\_\_ Breast Surgery  
\_\_\_\_\_ Colon/ intestinal surgery  
\_\_\_\_\_ Gallbladder  
\_\_\_\_\_ Heart  
\_\_\_\_\_ Hernia (Hiatal)  
\_\_\_\_\_ Hernia (Umbilical)  
\_\_\_\_\_ Hernia (Inguinal)  
\_\_\_\_\_ Hernia (Ventral)

\_\_\_\_\_ Knee  
\_\_\_\_\_ Lung  
\_\_\_\_\_ Ovaries  
\_\_\_\_\_ Prostate  
\_\_\_\_\_ Thyroid  
\_\_\_\_\_ Tonsillectomy  
\_\_\_\_\_ Tubal ligation  
\_\_\_\_\_ Ulcers, stomach  
\_\_\_\_\_ Uterus hysterectomy  
\_\_\_\_\_ Other

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

### STOP BANG Questionnaire

Height \_\_\_\_\_ inches/cm    Weight \_\_\_\_\_ lb./kg    BMI \_\_\_\_\_

Age \_\_\_\_\_

Male/Female

Neck circumference\* \_\_\_\_\_ cm (\*will be measured at intake appointment)

1. Do you snore loudly (louder than talking or loud enough to be heard through closed doors)?

Yes    No

2. Do you often feel tired, fatigued, or sleepy during daytime?

Yes    No

3. Has anyone observed you stop breathing during your sleep?

Yes    No

4. Blood pressure Do you have or are you being treated for high blood pressure?

Yes    No

5. BMI more than 35 kg/m<sup>2</sup>?

Yes    No

6. Age over 50 yr. old?

Yes    No

7. Neck circumference greater than 40 cm?

Yes    No

8. Gender male?

Yes    No

\* Neck circumference is measured by staff

High risk of OSA: answering yes to three or more items

Low risk of OSA: answering yes to less than three items

*Adapted from: STOP Questionnaire A Tool to Screen Patients for Obstructive Sleep Apnea Frances Chung, F.R.C.P.C.,\* Balaji Yegneswaran, M.B.B.S.,† Pu Liao, M.D.,‡ Sharon A. Chung, Ph.D.,§ Santhira Vairavanathan, M.B.B.S.,\_ Sazzadul Islam, M.Sc.,\_ Ali Khajehdehi, M.D.,† Colin M. Shapiro, F.R.C.P.C.# Anesthesiology 2008; 108:812–21 Copyright © 2008, the American Society of Anesthesiologists, Inc. Lippincott Williams & Wilkins, Inc.*

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

### Psychological Screening Questionnaire

Please mark each question in terms of whether you have experienced this behavior in the past or currently (within the last year).

1. Have you been treated for an emotional disorder (i.e.: depression, anxiety) by a mental health professional or your personal physician?  No  In the Past  Currently
2. Have you been hospitalized for an emotional disorder?  No  In the Past  Currently
3. Have you had suicidal thoughts on a regular basis or made a suicidal attempt?  No  In the Past  Currently
4. Have you been treated as an outpatient for an alcohol or substance abuse program or attended a 12-step program such as AA?  No  In the Past  Currently
5. Have you been hospitalized or treated in a residential program for an alcohol or substance abuse problem?  No  In the Past  Currently
6. Have you been treated for an eating disorder such as anorexia, bulimia, or compulsive overeating?  No  In the Past  Currently
7. Have you engaged in binge eating or purging (vomiting) after eating?  No  In the Past  Currently
8. Have you been placed on disability or lost a job for an emotional or nervous disorder?  No  In the Past  Currently
9. Have you been separated or divorced?  No  In the Past  Currently
10. Have you been in a relationship within or outside the family that you considered abusive?  No  In the Past  Currently
11. Have you been prescribed medication for an emotional or nervous disorder?  No  In the Past  Currently